

# THE RESERVE

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*A Quarterly Newsletter Published for Members and Friends of Wingfield Reserve*

## “50 WAYS TO CUT YOUR ELECTRIC BILL”

We all know that rising energy costs are squeezing family budgets, through higher gasoline prices, air travel costs and fuel surcharges on electric power bills. Few homeowners realize that the monthly electricity costs of some households are nearly twice as much as other neighbors. These higher costs may relate to the number and ages of family members, but a lot of electricity and money could be saved by learning to be more power-conscious and making minor adjustments in lifestyle.

The great news is that many electricity-saving steps can be made without sacrificing comfort or convenience. Energy-wasting habits can be changed, power-hungry appliances and electrical equipment can be turned-off, adjusted or replaced. Your family can reduce energy use and lower electric bills by making some simple changes around your home. The following tips address energy-savings in several areas including lighting, food storage, cooking, laundry and heating/cooling. Many changes will start paying for themselves immediately.

### LIGHTING TIPS

1. **Turn off lights when not in use.** This saves energy twice...at the light fixture and in your air conditioning unit which has less heat to remove from your home's interior.
2. **Clean lamps and light fixtures.** Dust on bulbs and lamp fixtures can absorb as much as 50% of the light.
3. **Replace Incandescent bulbs with energy-efficient units.** Newer compact fluorescent lamps (CFLs) and light-emitting diodes (LEDs) can use up to 75% less energy and last 10 times longer.
4. **Use dimmers and 3-way bulbs.** These units can reduce energy use by adjusting the amount of light needed in an area.
5. **Use Timers.** Timers automatically control the hours of operation, reducing energy use and improving security by making the house appear occupied.

### HOME APPLIANCE HINTS

6. **Turn computers off when not in use.** Turning off your computer and monitor or using the “sleep” mode can save as much as \$100 per year on power bills.
7. **Buy “Energy Star®” appliances and electronics.** These units are specially designed to meet industry standards for power consumption.
8. **Load Dishwashers properly and fully.** Follow manufacturers instructions to utilize cleaning actions and remember, your dishwasher uses essentially the same amount of power and water...no matter how many dishes are loaded.
9. **Skip Pre-Rinse, Extra-Rinse and Heated Dry Cycles.** Most newer dishwashers can handle normally-soiled dishes and do not require these extra energy-consuming cycles.

### REFRIGERATOR AND FREEZER TIPS

10. **Get rid of the second refrigerator.** An older, under-utilized refrigerator can be costing you \$200 per year, especially if located outside in the garage or other non-cooled space.
11. **Give your refrigerator some space.** There should be at least 1” of space on each side of the refrigerator to permit proper air circulation.
12. **Clean the refrigerator's cooling coils.** Accumulation of dust and dirt reduces air flow and efficiency. Poor air flow can increase energy consumption by 10%.
13. **Check refrigerator door seals.** Inspect seals for proper orientation and check tightness with a slip of paper or dollar bill. If the paper can easily be pulled out, the seals may need to be realigned or replaced.
14. **Don't overload refrigerators.** Refrigerators operate most efficiently when full but not overloaded to the point of restricting internal air flow.

*(continued on page 2)*

# “50 WAYS TO CUT YOUR ELECTRIC BILL” *(continued from page 1)*

- 15. Don't put hot food in the refrigerator.** Allow heated leftovers to cool before placing them in the refrigerator.
- 16. Set refrigerator and freezer thermostats properly.** Refrigerator temperatures should usually be kept between 35 and 38 degrees Fahrenheit and freezers at 0 to -5 degrees Fahrenheit.
- 17. Fill your freezer.** Freezers operate best when full, and full freezers stay cold longer during power outages.

## COOKING HINTS

- 18. Preheat oven only when necessary.** Do not preheat your oven or broiler except when baked goods or other sensitive dishes require a precise starting temperature.
- 19. Turn off the oven early.** Ovens can be turned off minutes before the end of cooking time and retain enough heat to finish food preparation.
- 20. Do not open oven doors or lift pot lids unnecessarily.** Each opening can drop oven temperature by 25 to 50 degrees and pot lids keep heat and moisture from escaping into your kitchen.
- 21. Cook multiple dishes together.** A little menu-planning can permit cooking of multiple dishes (meats, potatoes, etc.) in the oven at the same time.
- 22. Use smaller pans with lids.** Less cooking energy is needed to cook in smaller pans, on smaller burners, with tight-fitting lids.
- 23. Don't over-boil.** Once water has reached a rolling boil, it doesn't get any hotter. Reduce burner settings to maintain boiling action for the specified time period.

- 24. Use the microwave.** Energy-efficient microwave units consume up to 75% less energy than conventional ovens.

## WASHER AND DRIER TIPS

- 25. Wash and rinse with cold water.** In Florida, our “cold” water is never really frigid, and cold water settings can save at least \$25 per year.
- 26. Adjust load settings properly.** Set load sizes, clothing types and soil-levels properly to reduce energy and water use in each load.
- 27. Avoid small washer loads.** Combine loads to save electricity, water and your own personal laundry time.
- 28. Purchase a front-loading washer.** If you're thinking of replacing a washing machine, consider a front-loading unit which reduces energy use by as much as 50%. Front-loading units also save water, require less detergent, and reduce wear-and-tear on clothes.
- 29. Don't overload the drier.** Excessive loading reduces efficiency and makes the drier work harder.
- 30. Keep lint filter clean.** Lint accumulations on the drier filter reduce air flow and increase run-time and energy consumption.
- 31. Dry loads consecutively.** Sequential drier loads take advantage of residual heat in the drier, saving energy on each subsequent load.
- 32. Hang-dry clothes.** Consider hang drying clothing in rear yard or back porch locations that are not visible from streets.

**THE RESERVE** is published by the Wingfield Reserve Homeowners Association. Wingfield Reserve HOA does not endorse the products and services advertised in this newsletter. For advertising rates and to reserve space, call Joan Ward at (407) 923-3708. The deadline for article submissions is the 10th of the month preceding the newsletter's quarterly publication.

## **BOARD OF DIRECTORS**

Mark H. Brown	President	(407) 786-2284	<a href="mailto:mbrown@national.aaa.com">mbrown@national.aaa.com</a>
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2180 W. State Road 434 • Suite 5000 • Longwood, FL 32779  
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Property Manager – Dorothy Dodson • E-mail: [ddodson@sentrymgt.com](mailto:ddodson@sentrymgt.com)

## **NEWSLETTER EDITOR**

Joan Ward • 538 Sabal Trail Circle • Longwood, FL 32779  
(407) 923-3708 • E-mail: [jmward123@yahoo.com](mailto:jmward123@yahoo.com)

## **ARCHITECTURAL REVIEW**

Mark Brown	<a href="mailto:mbrown@national.aaa.com">mbrown@national.aaa.com</a>
Joel Cutler	<a href="mailto:JoelCutler@msn.com">JoelCutler@msn.com</a>

## **GROUNDS / PONDS / SWALES**

Jim Agnello	<a href="mailto:lstoffthetee@embarqmail.com">lstoffthetee@embarqmail.com</a>
Staci Farley	<a href="mailto:SGFarley@aol.com">SGFarley@aol.com</a>

## **SECURITY / NEIGHBORHOOD WATCH / SOCIAL**

Mike Bledsoe	<a href="mailto:mbledsoe@att.net">mbledsoe@att.net</a>
Pam Coffman	<a href="mailto:CffmnBb@aol.com">CffmnBb@aol.com</a>

## **WEBSITE / NEWSLETTER**

John Schaffer	<a href="mailto:schaffer.john.g@gmail.com">schaffer.john.g@gmail.com</a>
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## WATER HEATING SAVINGS

33. **Set water heater thermostat properly.** A temperature of 120 degrees Fahrenheit is often recommended for households. A 10 degree temperature reduction can save about 13% in water heating costs.
34. **Insulate hot water piping.** Many homes have exposed hot-water piping between the water heater and wall penetrations. Insulation wrapping will save heating dollars.
35. **Upgrade your shower heads.** Older showerheads can be replaced with lower-flow units that can save \$150 per year in water heating costs and as much as 15,000 gallons of water.
36. **Fix faucet leaks.** Dripping or leaking hot water faucets can waste 400 gallons of water a year (at one drip per second) and cost extra water heater dollars.

## COOLING

37. **Raise the thermostat.** Increasing thermostat settings by 6 degrees Fahrenheit can save 10% on cooling bills.
38. **Use ceiling fans.** Ceiling fans on slow speed can improve comfort levels and permit higher thermostat settings by promoting cooling air flows.
39. **Keep air filters clean.** Periodic cleaning or filter replacement keeps dust and dirt from clogging your air-handling unit and keeps the heat pump running efficiently.
40. **Close vents in unoccupied rooms.** Reducing unnecessary cooling can save 5% to 10% on cooling costs.
41. **Remove hot or humid air.** Use exhaust fans to get rid of hot air from cooking areas and humid air from bathroom/shower areas. The savings in cooling cost outweigh the cost of running fans.
42. **Close curtains and blinds.** Closed drapes, shades and blinds keep sunshine and heat out of the house during the day.
43. **Eliminate heat from the attic.** Make certain that attic vents or exhaust systems are open and operating properly to avoid heat build-up that finds its way into your home.
44. **Keep cool air from escaping.** Seal any gaps or cracks around windows or doors to keep cool air in and hot/humid air out; the air conditioner has to work harder if cool air escapes.
45. **Keep doors closed.** Encourage family members to minimize the number of times doors are opened or left open. Each opening lets hot air in as cool air escapes.

## HEATING TIPS

46. **Lower thermostat settings.** Settings of 68 degrees Fahrenheit are often recommended, and a reduction of as

little as 1 degree can make a difference.

47. **Use a programmable thermostat.** Automatic controls on thermostat settings can lower temperatures when no one is home and overnight, when occupants are sleeping.
48. **Use curtains and blinds wisely.** Open window coverings permit sunlight and heat to enter your home. Closed coverings hold in heat during colder evening hours.
49. **Don't let heat escape up the chimney.** Make sure fireplace flues are closed when not in use.
50. **Control comfort with clothing.** A light sweater or heavier shirt and slacks can improve your family's comfort level while permitting lower thermostat settings...at any time of day or night.

While nearly everyone's monthly energy bills have crept up during recent months, some households run closer to \$200/month, other over \$300. The lower costs come from family members doing the same things, but differently. Does your family know how much you are spending on the power bill and where money could be saved?

**RECOMMENDED ACTIONS:** Take a look at the items above and find just one or two that you'd like to discuss with your family, to reach an agreement on what will be done differently, when and by whom. Then follow up in the next few weeks to provide encouragement where it is needed and to say "Thank You" for progress being made.

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## CONTACTING THE SHERIFF'S OFFICE

To report suspicious activity, please call the Sheriff's Office at (407) 665-6650 or in an emergency dial 911. The deputies that patrol Wingfield Reserve are:

<b>Anthony Tomeo</b>	Office:	(407) 665-1423
	Mobile:	(407) 402-0034
	Email:	<a href="mailto:atomeo@seminolesheriff.org">atomeo@seminolesheriff.org</a>
<b>Jarritt Negri</b>	Mobile:	(407) 402-2890
	Email:	<a href="mailto:jarrittnegri@seminolesheriff.org">jarrittnegri@seminolesheriff.org</a>
<b>Shannon Miller</b>	Mobile:	(407) 402-3111
	Email:	<a href="mailto:smiller@seminolesheriff.org">smiller@seminolesheriff.org</a>
<b>Rusty Montgomery</b>	Mobile:	(407) 474-4835
	Email:	<a href="mailto:rmontgomery@seminolesheriff.org">rmontgomery@seminolesheriff.org</a>
<b>James Ingram</b>	Mobile:	(407) 468-3035
	Email:	<a href="mailto:jingram@seminolesheriff.org">jingram@seminolesheriff.org</a>
<b>Mike Hawkins</b>	Mobile:	(407) 474-5223
	Email:	<a href="mailto:mhawkins@seminolesheriff.org">mhawkins@seminolesheriff.org</a>

# HOMEOWNER ASSOCIATION CONSTRUCTION REQUIREMENTS

Architectural Review Board (ARB) approval is valid for twelve months. Construction must start within this period. Violations of these requirements constitute a violation of the Association documents.

- All approved construction activities are to be completed within twelve months from start.
- Construction vehicles, equipment, materials and dumpsters are not to be left in the street during overnight hours.
- Measures are to be taken to prevent all damage to adjacent properties.
- Activities that produce noise that can be heard inside adjacent properties are to be minimized and restricted to the period from 8 a.m. to 6 p.m.
- Construction vehicles are to be parked on the same side of the street and in front of the construction property without obstructing driveways.
- Outside loud music by contractors is not allowed.
- The street pavement must be kept clean and free of debris.
- It is the homeowner's responsibility to promptly report street pavement and curb damage to Seminole County Public Works.
- Homeowner/Contractor is to make a best effort to minimize damage to the property's landscaping and to restore same before completion of the work.

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# KEY CONTACT INFORMATION

## WINGFIELD RESERVE HOMEOWNER CONTACTS

Architectural Review (ARB)	Dorothy Dodson	(407) 788-6700 ext. 314	ddodson@sentrymgt.com
Landscaping Committee	Staci Farley	(407) 862-6640	sgfarley@aol.com
Ponds Maintenance	Dorothy Dodson	(407) 788-6700 ext. 314	ddodson@sentrymgt.com
WRHA E-Mail Updates	Mike Bledsoe	(407) 493-3933	WRHA@mail.com
WRHA Irrigation System	Dorothy Dodson	(407) 788-6700 ext. 314	ddodson@sentrymgt.com
WRHA Newsletter	Joan Ward	(407) 774-6008	jmward123@yahoo.com
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WRHA Street Signage	Dorothy Dodson	(407) 788-6700 ext. 314	ddodson@sentrymgt.com

## EMERGENCY CONTACTS

Emergency	(Police, Fire, Ambulance)	911
Non-Emergency	Sheriff's Department	(407) 665-6650

## UTILITY CONTACTS

Cable	Bright House Networks	(407) 291-2500
Phone Service	Embarq	(800) 339-1811
	AT&T	
Water Issues	Utilities, Inc. of Florida	(407) 869-1919
Flagging Utilities	Sunshine	(800) 432-4770
Street Light Repair	Progress Energy	(800) 700-8744
Power Outage	Progress Energy	(800) 228-8485

## COUNTY SERVICES

Sidewalks Need Repair (Seminole County)	(407) 665-5609
Street Repair (Seminole County)	(407) 665-5687
Power Outage (Seminole County)	(407) 665-5687
Garbage/Trash (Solid Waste Management)	(407) 665-8200
Special Garbage Pickup (Waste Mngmt. Orlando)	(800) 829-7370

## WILDLIFE & DOMESTIC ANIMALS

Aggressive Wildlife (Florida Fish and Game)	(800) 342-9620
Bear Sightings (Bear Aware)	(407) 774-8007
Domestic Animal Complaints (Animal Control)	(407) 665-5201

## WATERING RESTRICTIONS

The St. Johns River Water Management District has the following restrictions in place:

### WATERING IS LIMITED TO TWO DAYS PER WEEK

#### Odd Numbered Addresses:

Water on Wednesday & Saturday Only

#### Even Numbered Addresses:

Water on Thursday & Sunday Only

**NO WATERING IS ALLOWED BETWEEN 10:00 A.M. & 4:00 P.M. ANY DAY OF THE WEEK.**

Please check your sprinkler timer(s)/systems to ensure that they are set for the correct days and times.



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## VACANT HOUSE WATCH

Are you going on a vacation or business trip? If you are, please take advantage of this wonderful FREE program. A few days before you are scheduled to leave, call the Seminole County Sheriff's Office at (407) 665-6650 and ask to set up a House Watch. The operator will take important information from you, such as: When are you leaving? When are you expected back? Is anyone allowed on your property while you are gone? This information will be sent to the Deputy patrolling our community, who will then make periodic checks of your home while you are gone. If anything goes wrong, they'll know who to contact.

**PUT "SET UP A HOUSE WATCH" ON YOUR TO-DO LIST BEFORE LEAVING!**

## DRIVE CAREFULLY SCHOOL IS BACK IN SESSION

Now that schools are back in session motorists need to drive extra cautiously during the morning hours between 6:30 a.m. and 8:30 a.m., the afternoon hours between 2:30 p.m. and 4:30 p.m., and the Wednesday afternoon hours between 1:30 p.m. and 3:30 p.m.

# HURRICANE PREPAREDNESS

It's very common for Central Floridians to hear booms of thunder and see flashes of lightening as afternoon thunderstorms come rolling in during the summer months. While this may be the norm for veteran Florida residents, it's just a mere taste of the storms that may be on their way this hurricane season. Central Florida has been fortunate for the last few seasons, sneaking out of the line of fire when it comes to tropical storms and hurricanes. While most longtime residents have done their share of "hunkering down" through the years, several calm seasons can lead to complacency, said Oviedo Fire Chief Lars White. Certainly no one can truly predict what's in store for Central Florida this hurricane season, but it's extremely important to be prepared ahead of time, he said. "Last season was above average; it's just because nothing impacted the state of Florida [that] most people think we had a very slow season, but there was actually above-average tropical storms," said White. "Following the important steps outlined below will help ensure residents' safety with regard to potentially significant storms.

- First and foremost, develop an emergency plan. Map out where you will go during a disaster and your exit route.
- Prepare to sustain yourself for a five to seven day period following a disaster. This includes having food, water, medications, batteries, lighting, purification tablets and other necessities on hand.
- Review your insurance documents and note what it will and will not cover in the case of a storm.
- Bust out the "honey do" list. Inspect the trees, hangers, limbs and old branches on your property and safely get rid of them or anything that could cause a problem during a storm.
- If you are a person requiring special needs, know which shelters are available to you. Seminole County has three special needs shelters at Bentley Elementary, Highlands Elementary and Lyman High School. The emergency management office will provide transportation to and from shelters, medical care and other necessities for those who register at [www.prepareseminole.com](http://www.prepareseminole.com).
- Know your public information line. In Seminole County, dial 311. The line is staffed from 8:00 a.m. to 5:00 p.m. daily, but 24 hours a day during a disaster.
- Pet owners should be prepared with any medications their animals are taking and enough food to sustain them for at least three days. In the event of an evacuation, know which shelters accept pets. At the present time, both Bentley Elementary and Lyman High School are pet-friendly shelters in the case of a storm.

For more information on how to prepare yourself for a storm and/or to stay informed about Seminole County's severe weather procedures, please visit [www.prepareseminole.com](http://www.prepareseminole.com).


## WINGFIELD RESERVE LANDSCAPE COMMITTEE NEWS

The rainy season has finally begun and the fear of drought has come to an end. The summer rains and temperature make it easy to lose control of foliage growth. As plants grow out and touch the sides of your house, ants and other insects are able to use the tree limbs as a bridge to your home. Don't forget that trimming new tree limbs and cutting down old dead limbs is one way that will reduce damage to your house. Loose limbs, (especially big oak tree limbs) may fall on your house, leaving your house at risk to be the landing pad.


The revamping of our entrances was delayed in June because of the hot weather. It is rescheduled for latter September. We will be doing extensive work in both entrances so please be patient when driving in and out of the neighborhood during the few days the men are working.

**Staci Farley,**

*Landscape Committee Chairperson*



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# LANDSCAPING CORNER



## WHAT INSECTS ARE COMMONLY FOUND IN FLORIDA LAWNS AND HOW CAN I CONTROL THEM?

Certain insects and related pests are very common in Florida lawns. Southern chinch bugs, spittlebugs, grass scales and Bermuda grass mites suck plant juices. Mole crickets, white grubs and billbugs live in the soil and damage the grass roots. Other pests, including sod webworms, grass loopers and armyworms eat the grass leaves. Additional insects and related pests such as fleas, millipedes, chiggers, sowbugs and snails do not damage the lawn but may become nuisances by biting people or crawling into houses, garages and swimming pools.

An effective way to survey for chinch bugs, lawn caterpillars and mole crickets involves using a soap mixture applied with a 2-gallon sprinkling can. (This mixture is not effective in surveying for white grub or billbug larvae.) Mix 1½ fluid ounces of dishwashing detergent in a 2-gallon sprinkling can full of water, and drench four square feet with this solution. Observe the area for about two minutes. If the above pests are present, they will emerge to the grass surface and can be detected. If no insects are found in the first area checked, examine at least three or four other places in the suspected areas.

It is important to note that insects are only one of the many causes of yellowish or brownish areas in grass.

Disease, nematodes, dry weather and nutritional disorders are sometimes responsible for such injury. Homeowners should be sure of their diagnosis before treating their lawns in order to prevent the needless use of pesticides and extensive damage to the grass.

When spraying for control of soil insects (mole crickets, white grubs and billbugs), the turf should be moist at the time of application. Immediately after spraying the insecticide, irrigate with about ½ inch of water to leach the insecticide into the soil where the insects are feeding. For control of surface feeders (chinch bugs, lawn caterpillars, Bermuda grass mites, grass scales and spittlebugs), don't irrigate after application. Granular formulations for the recommended insecticides may be substituted for sprays in controlling chinch bugs, webworms, mole crickets, white grubs or billbugs. If applied for soil insects (mole crickets, white grubs or billbugs), irrigate with about ½ inch of water immediately after applying.

To help prevent unnecessary environmental contamination and the reduction of beneficial insects, spot treatments can be applied when infestations are first noticed and the damaged area is small. Treat the off-color area and about a 10-foot buffer area surrounding it. If damage is widespread over the yard or if many infested areas are detected, the entire yard should be treated. After treatment has been completed, inspect the area two to three times at biweekly intervals to determine if the infestation is under control.

## HOW MUCH SHOULD I WATER?

For most Florida soils, no more than ¾ of an inch of water is necessary for each irrigation period to wet the top eight to twelve inches of the root zone. Irrigate when the turf begins to wilt. It is important not to overwater in order to avoid nutrient leaching, increased pest problems, shallow rooting and water waste. If possible, water early in the morning. Do not water too late in the day because grass blades remain wet for a longer period of time, thus, increasing the chances for fungal disease development.

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